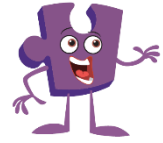




Tudor Grange Primary Academy
Yew Tree



ACORNS

The Jigsaw 'Changing Me' materials will be delivered to all classes this Summer half term. During this half term, children will receive the teaching from their current year group. All lessons are delivered by the usual classroom team to ensure that the safe and secure learning environment that has been established across the school year can be maintained.

Growth and Change

I know that I grow and change

Children will explore how plants grow and how they go through changes in some similar ways to how they are growing and have changed.

To support with this at home you could: Go for a walk and look for signs of growth outside. Talk about the changes they can see and observe

My Body

I can name parts of my body and show respect for myself

During this session, children will talk about and label parts of the body including:

Eye, ear, knee, finger, foot, mouth, nose, stomach, eyebrow, arm, tongue, toe, forehead, chest, hand and leg.

To support with this at home you could: Talk about the senses can they find things that taste, smell, touch, look, hear nice/horrible and talk about why.

Respecting My Body

I can tell you some things I can do and some food I can eat to be healthy

To support with this at home you could: Talk about your favourite meals, what you like to do that keeps your body healthy at home

Draw/take pictures of your favourite things to do at home

Growing Up

I understand that we all start as babies and grow into children and then adults

To support with this at home you could: Share pictures from when parents and other family members were young with your child. Discuss how they have grown up.

All of our PHSE and RSHE lessons are taught in line with our PSHE and RSE policies which can be found on the school website.

Should you have any questions or queries regarding the teaching of the Relationships, Sex and Health Education curriculum, please speak to your child's class teacher in the first instance. Mrs Bloomfield (Principal) and Mrs Barwood (PSHE Lead) are also available to discuss any issues arising with you.