

Year Group	Piece Number and Name	Learning Intentions
Reception	Piece 3 Growing Up	<ul style="list-style-type: none"> ● Seek out others to share experiences. Show affection and concern for people who are special to them
1	Piece 4 Boys' and Girls' Bodies	<ul style="list-style-type: none"> ● Identify the parts of the body that make boys different to girls and use the correct names for these: penis, testicles, vagina, vulva, anus, breast, nipples. ● Respect their own body and understand which parts are private
2	Piece 4 Boys' and Girls' Bodies	<ul style="list-style-type: none"> ● Recognise the physical differences between boys and girls, use the correct names for parts of the body (penis, testicles, vagina, vulva, anus, breast, nipples) and appreciate that some parts of the body are private ● Tell you what they like/don't like about being a boy/girl
3	Piece 1 How Babies Grow	<ul style="list-style-type: none"> ● Understand that in animals and humans lots of changes happen between conception and growing up, and that usually it is the female who has the baby ● Express how they feel when they see babies or baby animals
	Piece 2 Babies	<ul style="list-style-type: none"> ● Understand how babies grow and develop in the mother's uterus and understand what a baby needs to live and grow ● Express how they might feel if they had a new baby in their family
	Piece 3 Outside Body Changes	<ul style="list-style-type: none"> ● Understand that boys' and girls' bodies need to change so that when they grow up their bodies can make babies ● Identify how boys' and girls' bodies change on the outside during this growing up process
	Piece 4 Inside Body Changes	<ul style="list-style-type: none"> ● Identify how boys' and girls' bodies change on the inside during the growing up process and why these changes are necessary so that their bodies can make babies when they grow up ● Recognise how they feel about these changes happening to them and how to cope with these feelings
4	Piece 2 Having A Baby	<ul style="list-style-type: none"> ● Correctly label the internal and external parts of male and female bodies that are necessary for making a baby ● Understand that having a baby is a personal choice and express how they feel about having children when they are adults <p><u>Parents do have the right to withdraw children from this session as it is classed as human reproduction.</u></p>
	Piece 3 Girls and Puberty	<ul style="list-style-type: none"> ● Describe how a girl's body changes in order for her to be able to have babies when she is an adult, and that menstruation (having periods) is a natural part of this ● Know that they have strategies to help me cope with the physical and emotional changes they will experience during puberty
5	Piece 2 Puberty for Girls	<ul style="list-style-type: none"> ● Explain how a girl's body changes during puberty and understand the importance of looking after themselves physically and emotionally ● Understand that puberty is a natural process that happens to everybody and that it will be OK for them
	Piece 3 Puberty for Boys and Girls	<ul style="list-style-type: none"> ● Describe how boys' and girls' bodies change during puberty ● Express how they feel about the changes that will happen to their bodies during puberty
	Piece 4 Conception	<ul style="list-style-type: none"> ● Understand that sexual intercourse can lead to conception and that is how babies are usually made

		<ul style="list-style-type: none"> ● Understand that sometimes people need IVF to help them have a baby ● Appreciate how amazing it is that human bodies can reproduce in these ways <p><u>Parents do have the right to withdraw children from this session as it is classed as human reproduction.</u></p>
6	Piece 2 Puberty	<ul style="list-style-type: none"> ● Explain how girls' and boys' bodies change during puberty and understand the importance of looking after themselves physically and emotionally ● Express how they feel about the changes that will happen to their bodies during puberty
	Piece 3 Girl Talk/Boy Talk	<ul style="list-style-type: none"> ● Ask the questions that they need answered about changes during puberty ● Reflect on how they feel about asking the questions and about the answers they receive
	Piece 4 Babies – Conception to Birth	<ul style="list-style-type: none"> ● Describe how a baby develops from conception through the nine months of pregnancy, and how it is born ● Recognise how they feel when they reflect on the development and birth of a baby <p><u>Parents do have the right to withdraw children from this session as it is classed as human reproduction.</u></p>
	Piece 5 Attraction	<ul style="list-style-type: none"> ● Understand how being physically attracted to someone changes the nature of the relationship ● Express how they feel about the growing independence of becoming a teenager and their confidence that they can cope with this