


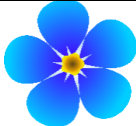






**Curriculum Overview**

Terms						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	<p><b>Real PE (1) –</b></p> <ul style="list-style-type: none"> <li>• Coordination: Footwork</li> <li>• Static Balance: One leg</li> </ul> <p><b>Real Gym (1) –</b></p> <ul style="list-style-type: none"> <li>• Shape</li> <li>• Travel</li> </ul>	<p><b>Real PE (1) –</b></p> <ul style="list-style-type: none"> <li>• Dynamic Balance to Agility: Jumping and Landing</li> <li>• Static Balance: Seated</li> </ul> <p><b>Dance</b></p>	<p><b>Real Gym (2) –</b></p> <ul style="list-style-type: none"> <li>• Flight</li> <li>• Rotation</li> </ul> <p><b>Real PE (3) –</b></p> <ul style="list-style-type: none"> <li>• Dynamic Balance on a Line</li> <li>• Static Balance: Stance</li> </ul>	<p><b>Real PE (4) –</b></p> <ul style="list-style-type: none"> <li>• Coordination: Ball Skills</li> <li>• Counter Balance: with a partner</li> </ul> <p><b>Invasion Game</b></p>	<p><b>Cheerleading</b></p> <p><b>Real PE (5) –</b></p> <ul style="list-style-type: none"> <li>• Coordination: Sending and Receiving</li> <li>• Agility: Reaction/Response</li> </ul>	<p><b>Real PE (6) –</b></p> <ul style="list-style-type: none"> <li>• Agility: Ball Chasing</li> <li>• Static Balance: Floor Work</li> </ul> <p><b>Invasion Game</b></p>
Year 2	<p><b>Real PE (1) –</b></p> <ul style="list-style-type: none"> <li>• Coordination: Footwork</li> <li>• Static Balance: One leg</li> </ul> <p><b>Real Gym (1) –</b></p> <ul style="list-style-type: none"> <li>• Balance</li> <li>• Travel</li> </ul>	<p><b>Real PE (4) –</b></p> <ul style="list-style-type: none"> <li>• Coordination: Ball Skills</li> <li>• Counter Balance: with a partner</li> </ul> <p><b>Dance</b></p>	<p><b>Real PE (2) –</b></p> <ul style="list-style-type: none"> <li>• Dynamic Balance to Agility: Jumping and Landing</li> <li>• Static Balance: Seated</li> </ul> <p><b>Real Gym (2) –</b></p> <ul style="list-style-type: none"> <li>• Flight</li> <li>• Rotation</li> </ul>	<p><b>Real PE (3) –</b></p> <ul style="list-style-type: none"> <li>• Dynamic Balance: On a line</li> <li>• Static Balance: Stance</li> </ul> <p><b>Invasion Game</b></p>	<p><b>Real PE (5) –</b></p> <ul style="list-style-type: none"> <li>• Coordination: Sending and Receiving</li> <li>• Agility: Reaction/Response</li> </ul> <p><b>Dance</b></p>	<p><b>Real PE (1) –</b></p> <ul style="list-style-type: none"> <li>• Coordination: Sending and Receiving</li> <li>• Agility: Reaction/Response</li> </ul> <p><b>Invasion Game</b></p>
Year 3	<p><b>Real PE (1) –</b></p> <ul style="list-style-type: none"> <li>• Coordination: Footwork</li> <li>• Static Balance: One leg</li> </ul> <p><b>Dance</b></p>	<p><b>Real PE (2) –</b></p> <ul style="list-style-type: none"> <li>• Dynamic Balance to Agility: Jumping and Landing</li> <li>• Static Balance: Seated</li> </ul> <p><b>Real PE (3) –</b></p>	<p><b>Swimming</b></p> <p><b>Real Gym (2) –</b></p> <ul style="list-style-type: none"> <li>• Flight</li> <li>• Balance</li> </ul>	<p><b>Swimming</b></p> <p><b>Real PE (4) –</b></p> <ul style="list-style-type: none"> <li>• Coordination: Sending and Receiving</li> </ul>	<p><b>Swimming</b></p> <p><b>Real PE (5) –</b></p> <ul style="list-style-type: none"> <li>• Agility: Reaction/Response</li> </ul>	<p><b>Swimming</b></p> <p><b>Tri-Golf</b></p>

		<ul style="list-style-type: none"> <li>Dynamic Balance on a Line</li> <li>Coordination: Ball Skills</li> </ul>		<ul style="list-style-type: none"> <li>Counter Balance: with a partner</li> </ul>	<ul style="list-style-type: none"> <li>Static Balance: Floor Work</li> </ul>	
<b>Year 4</b>	<b>Cheerleading</b>  <b>Real Gym (1) –</b> <ul style="list-style-type: none"> <li>Balance</li> <li>Rotation</li> </ul>	<b>Real PE (1) –</b> <ul style="list-style-type: none"> <li>Coordination: Footwork</li> <li>Static Balance: One leg</li> </ul> <b>Real PE (2) –</b> <ul style="list-style-type: none"> <li>Dynamic Balance to Agility: Jumping and Landing</li> <li>Static Balance: Seated</li> </ul>	<b>Real PE (3) –</b> <ul style="list-style-type: none"> <li>Dynamic Balance on a Line</li> <li>Coordination: Ball Skills</li> </ul> <b>Dance</b>	<b>Real PE (4) –</b> <ul style="list-style-type: none"> <li>Coordination: Sending and Receiving</li> <li>Counter Balance: with a partner</li> </ul> <b>Real Gym (2) –</b> <ul style="list-style-type: none"> <li>Flight</li> <li>Rotation</li> </ul>	<b>Cricket Coach</b>  <b>Real PE (5) –</b> <ul style="list-style-type: none"> <li>Agility: Reaction/ Response</li> <li>Static Balance: Floor Work</li> </ul>	<b>Real PE (6) –</b> <ul style="list-style-type: none"> <li>Agility: Ball Chasing</li> <li>Static balance: Stance</li> </ul> <b>Invasion Game</b>
<b>Year 5</b>	<b>Swimming</b>  <b>Real Gym (1) –</b> <ul style="list-style-type: none"> <li>Hand Apparatus</li> <li>Low Apparatus</li> </ul>	<b>Swimming</b>  <b>Real PE (1) –</b> <ul style="list-style-type: none"> <li>Coordination: Ball Skills</li> <li>Agility: Reaction/ Response</li> </ul>	<b>Real PE (2) –</b> <ul style="list-style-type: none"> <li>Static Balance: Seated</li> <li>Static Balance: Floor Work</li> </ul> <b>Dance</b>	<b>Real PE (3) –</b> <ul style="list-style-type: none"> <li>Dynamic Balance: On a Line</li> <li>Counter Balance: with a partner</li> </ul> <b>Real Gym (2) –</b> <ul style="list-style-type: none"> <li>Partner Work</li> <li>Large Apparatus</li> </ul>	<b>Cricket</b>  <b>Real PE (4) –</b> <ul style="list-style-type: none"> <li>Dynamic Balance to Agility: Jumping and Landing</li> <li>Static Balance: One leg</li> </ul>	<b>Real PE (5) –</b> <ul style="list-style-type: none"> <li>Static Balance: Stance</li> <li>Coordination: Footwork</li> </ul> <b>Real PE (6) –</b> <ul style="list-style-type: none"> <li>Coordination: Sending and Receiving</li> <li>Agility: Ball Chasing</li> </ul>
<b>Year 6</b>	<b>Real PE (1) –</b> <ul style="list-style-type: none"> <li>Coordination: Ball Skills</li> <li>Agility: Reaction/ Response</li> </ul> <b>Real Gym (1) –</b> <ul style="list-style-type: none"> <li>Hand Apparatus</li> <li>Low Apparatus</li> </ul>	<b>Real PE (2) –</b> <ul style="list-style-type: none"> <li>Static Balance: Seated</li> <li>Static Balance: Floor Work</li> </ul> <b>Real PE (3) –</b> <ul style="list-style-type: none"> <li>Dynamic Balance: On a Line</li> <li>Counter Balance: with a partner</li> </ul>	<b>Real PE (4) –</b> <ul style="list-style-type: none"> <li>Dynamic Balance to Agility: Jumping and Landing</li> <li>Static Balance: One leg</li> </ul> <b>Dance</b>	<b>Real PE (5) –</b> <ul style="list-style-type: none"> <li>Static Balance: Stance</li> <li>Coordination: Footwork</li> </ul> <b>Real Gym (2) –</b> <ul style="list-style-type: none"> <li>Partner Work</li> <li>Large Apparatus</li> </ul>	<b>Real PE (6) –</b> <ul style="list-style-type: none"> <li>Coordination: Sending and Receiving</li> <li>Agility: Ball Chasing</li> </ul> <b>Tag Rugby</b>	<b>Striking and Fielding</b>  <b>Invasion Game</b>